

SUNDAY

6:00PM 1HR Keep it Real Group, Salem, IL, 62881 **(D,O,To,WEB,VM)**

6:00PM 1HR Staying Clean, City Hope Church, 1000 East 3rd St., Centralia, IL, 62801 **(D,O,To,WC,CW)**

7:00PM 1HR End of the Road Group, St. Paul's United Church of Christ, Fellowship Hall - North Door, 330 N. Buhrman St., Nashville, IL, 62263 **(D,O,To,WC,CW)**

7:00PM 1HR Grateful Living, First Presbyterian Church, 310 1st St., Carmi, IL, 62821 **(D,O,To,CW)**

MONDAY

7:00PM 1HR Welcome Home Group, Wesley United Methodist Church, Parking lot & entrance in rear, 1601 Salem Road, Mount Vernon, IL, 62864-2628 **(O,RF,WC,CW)**

TUESDAY

7:00PM 1HR Carry the Message Group, Salem First Presbyterian Church, 201 East McMackin, Salem, IL, 62881-3020 **(D,O,St,WC,CW)**

7:00PM 1HR Changes, Centralia Community Youth Assoc., Please enter at the rear of the building., 1224 E. Rexford, Centralia, IL, 62801 **(D,O)**

7:00PM 1HR Grateful Living, First Presbyterian Church, 310 1st St, Carmi, IL, 62821 **(D,O,To,CW)**

WEDNESDAY

6:00PM 1HR Staying Clean, City Hope Church, 1000 East 3rd St., Centralia, IL, 62801 **(D,O,To,WC,CW)**

7:00PM 1HR Together We Can, First Church of God, 1121 Rider St., Flora, IL, 62839 **(D,O,To,WC,CW)**

7:00PM 1HR Welcome Home Group, Grace Community Church, 14769 North Illinois Highway 37, Mount Vernon, IL, 62864-8639 **(D,O,To,WC,CW)**

THURSDAY

6:30AM 1HR End of the Road Group, St. Paul's United Church of Christ, 330 N. Buhrman St., Nashville, IL, 62263 **(D,O,To,WC,CW)**

7:00PM 1HR Altamont Welcome Home Group, United Methodist Church, 308 N. 2nd St., Altamont, IL, 62401 **(D,O,To,WC,CW)**

7:00PM 1HR Changes, Centralia Community Youth Assoc., Please enter at the rear of the building., 1224 E. Rexford, Centralia, IL, 62801 **(D,O)**

7:00PM 1HR End of the Road Group, St. Paul's United Church of Christ, 330 N. Buhrman St., Nashville, IL, 62263 **(D,O,To,WC,CW)**

7:00PM 1HR Fairfield Share Group, First United Methodist Church, 109 S. 1st St., Fairfield, IL, 62837 **(D,O,To,WC,CW)**

FRIDAY

7:00PM 1HR Grateful Living, First Presbyterian Church, 310 1st St., Carmi, IL, 62821 **(D,O,To,CW)**

7:00PM 1HR Welcome Home Group, Grace Community Church, 14769 North Illinois Highway 37, Mount Vernon, IL, 62864-8639 **(D,O,To,WC,CW)**

SATURDAY

11:00AM 1HR New Way of Life Group, Richview Methodist Church, 374 W. Olive St., Richview, IL, 62877 **(O,WC,CW)**

11:00AM 1HR Staying Clean, City Hope Church, 1000 East 3rd St., Centralia, IL, 62801 **(D,O,To,WC,CW)**

7:00PM 1HR Welcome Home Group, Wesley United Methodist Church, Parking lot & entrance in rear, 1601 Salem Road, Mount Vernon, IL, 62864-2628 **(D,O,To,WC,CW)**

MEETING FORMAT LEGEND

D	Discussion	O	Open
RF	Rotating Format	St	Step
To	Topic	WC	Wheelchair
CW	Children Welcome	WEB	Online Meeting
VM	Virtual Meeting		

What is the Narcotics Anonymous Program?

N.A. Is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. **We have learned from our group experience that those who keep coming to our meetings regularly stay clean.**

Taken from the Narcotics Anonymous
"Basic Text", page 9

PHONE NUMBERS

[illegible]

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**



LITTLE EGYPT AREA

MEETING LIST

JANUARY 2026

24 HOUR HELPLINE

(573) 367-5713

(Say your City and State
or enter your zip code.)

E-mail

littleegyptna@gmail.com

<https://www.littleegyptna.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 21